Jonah Hector

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Objectives

To gain work experience and further my knowledge on teaching and learning.

Work Experience

Lifeguard & Swim Instructor at City of Kamloops, Kamloops BC.

February 2022- Current

- Handling stressful situations with leadership and maturity.
- Demonstrating the ability to understand information and apply it to situations.
- Keeping the facility organized and sanitary for patrons.
- Upholding a professional attitude and behavior while working.

Red Cross Swim Instructor at North & South Shuswap Community Resources, Blind Bay BC.

July 5th, 2021- August 27, 2021.

- Arriving on time and prepared to accommodate for people's set times and swim appointments.
- Being organized and working in an orderly fashion to make my workday efficient and successful.
- Analyzing surroundings and occurrences and applying the safest solution.
- Working with others to dictate decisions and arguments in a mature manner.

Education

Thompson River University, Bachelor of Arts Degree, Bachelor of Education in progress, Kamloops B.C.

- Major in Economics and Political Science, Minor in Sociology.
- 3.3 GPA

NL (National Lifeguard), Red Cross/WSI, Salmon Arm BC, Attended Bronze Medallion/Cross and Basic First AID & CPRC Certification.

- Have a clear knowledge on CPR and lifesaving methods.
- Can apply medical attention when needed for any workplace incidents.
- Trained in human relations and de-escalation of worker-patron conflicts.

Hobbies & Interests

- Swimming
- Fishing
- Skiing
- Biking

References

Leigh Robinson, NSSCR Program Manager (250) 515-4682

Heather Senn, Red Cross Swim Instructor. (250) 804-5602